**The Wellness Coalition**
3060 Mobile Highway
Montgomery, AL 36108

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## What is The Wellness Coalition?

**It is a group of service providers who want to help you find and use health care services when you need them:**

- Alabama Public Health Area 8
- Baptist Health
- City of Montgomery
- Community at Large Members
- Community Care Network
- Community Hospital
- Health Services, Inc.
- Jackson Hospital
- Joint Public Charity Hospital Board
- Medical Outreach Ministries
- Mid-Alabama Coalition for the Homeless
- Montgomery County
- Montgomery County Health Department
- Montgomery Area Mental Health Authority

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**3060 Mobile Highway**
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**www.wellness-coalition.org**

# The Wellness Coalition

WORKING TOGETHER TO IMPROVE HEALTH AND ACCESS FOR ALL

## *Wellness Case Management*

*We can help if you:*

- *Have little or no health insurance, or*
- *Do not have a family doctor, and*
- *Need help in managing your chronic disease*

## What is Wellness Case Management?

Wellness Case Management is a service that can help you find a doctor and link you with medications and other services you need to manage a chronic disease. Your Wellness Advocate can help you set wellness goals and help you work to reach them.

## Who Can Get Wellness Case Management Services?

**You can get Wellness Case Management services if you:**

- Have little or no health insurance
- Have one or more of these conditions:
  - Asthma
  - Diabetes
  - Heart Disease
  - Hypertension
  - Obesity
  - Mental Illness
  - Another Chronic Health Condition
  - Use of Emergency Room for everyday care

## How Can I Get Wellness Case Management?

If you have one or more of these conditions and have little or no health insurance:

- You can fill out the attached application, sign your name, and mail it to the address on the application.
- If you are at a hospital or clinic, you can give the application to the front desk.
- You can call 211 and ask for Wellness Case Management. **
- For more information, call 334-293-6502 or visit www.wellness-coalition.org.

## What Happens When I Apply for Wellness Case Management Services?

- A Wellness Advocate will contact you to find out what needs you have.
- Your Wellness Advocate will help you find a medical home and other services/benefits you need and help you use these services.
- You will talk with a Wellness Advocate about your health and wellness concerns.
- You may also have a Wellness Case Manager to help you learn how to manage your chronic disease.
- You will learn about healthy living and how to take care of yourself.
- You will learn what to do in case of a medical emergency.

## How Much Will Wellness Case Management Cost Me?

- **There is no cost to you**. Wellness Case Management services are paid for by resources provided through The Wellness Coalition.

**211 is a free information and referral line that you can call when you need services. Operators will help you find the help you need. You may call 211 if you have a crisis such as domestic violence, homelessness, sudden unemployment, problems with alcohol or drugs, mental or emotional problems or if you need other services.

**Consent for Consultation**
**Wellness Case Management**
**Please Print the Information Below**

**Name:** _____

**Mailing Address:** _____ **Zip Code:** _____

**Phone Number:** _____ **Alternate Phone Number:** _____

**Email Address:** _____

**I am giving consent to be contacted about Wellness Case Management provided by The Wellness Coalition. This consultation will determine what health related services I can receive. This is a NO COST SERVICE offered to me and my signature below gives permission for a Wellness Advocate to contact me.**

**Applicant Signature:** _____ **Date:** _____